



Bedford Street Surgery & Furzton Medical Centre

Practice & PPG Newsletter: March 2026

Flu Vaccines

The flu vaccine helps protect against flu, which can be a serious or life-threatening illness. It's offered on the NHS every year in autumn or early winter to people at higher risk of getting seriously ill from flu.

The surgery has sent out sms text invites to all eligible patients, please book your appointment for October now. Eligible patients can book on either of the dates and at either surgery. If you are unsure if you are eligible please ask at reception or use online services.

Bedford Street Surgery : Wednesday 21st October

Furzton Medical Centre: Thursday 22nd October

Eligibility:

- those aged 65 years and over
- those aged 18 years to under 65 years in clinical risk groups
- those in long-stay residential care homes
- carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person
- live with someone who has a weakened immune system
- pregnant women
- homeless or staying in a homeless hostel or night shelter
- all children aged 2 or 3 years on 31 August 2025

Your Patient Participation

Your patient participation group (PPG) is made up of a group of volunteer patients, the practice manager and one or more of the GPs from the practice. The group covers both the Bedford Street Surgery and Furzton Medical Centre. No medical or patient information is shared or discussed at the meetings.

The changes to the NHS and the focus on patient involvement means that the PPG now has an increasingly proactive role to ensure that patient views are captured and understood by the Practice. The patient participation group meets on a regular basis to discuss the services on offer, and how improvements can be made for the benefit of patients and the practice.

In order to gather a truly representative sample of patients together, we welcome patients from all manner of diverse backgrounds including young people, students, workers, retired people, people with long term conditions, and people from non-British ethnic groups.

If you are interested in joining the PPG visit the website www.bedfordstreetsurgery.co.uk and click on About the Surgery and scroll down to Patient Participation Group or come in to the practice and speak with a member of our reception team.

For a larger font ask at reception

Our Gp's

Bank Holiday Closing

Friday 25 December

Monday 28 December

Friday 1 January 2027

Protected Time Closing

Thursday 24 September

Tuesday 20 October

Thursday 28 November

Between 2.30pm to 6.30pm we will be closed. All practice calls will be covered by the 111 service. For Emergency's call 999

Prescriptions

All patients can register to use our online services with SystmOnline, or the NHS App where you will be able to request your medication.

When requesting a repeat prescription in practice use the computer print out of the medication and tick the items you require and post in the red letterbox outside of the surgery.

Making Appointments

You can book online at
bedfordstreetsurgery.co.uk
or call 01908 658850

Nurse Practitioners: Mike , Jenny & Tamanna

These are experienced Nurse and Independent prescribers able to see a wide range of conditions, minor illness, minor injury and other acute conditions.

Specialist Nurses: Ava, Theresa, Tamanna We have diabetes, COPD / asthma and Long term conditions specialist nurses

Practice Nurses: Mariam & Helen Practice Nurses undertake a wide variety of responsibility's, Disease Prevention, Wound Care, monitoring chronic conditions, vaccination, Specific Health Checks, Cervical Screening, Pill checks and much more. Mariam also sees Minor illness.

Health Care Assistant (HCA):

Leah, Emily & Sally Blood Tests, Blood pressure checks, Wound Care, ECGs, Removal Of Stitches or Staples, NHS Health Checks, Certain Injections: B12, Flu, Shingles, Pneumonia, Spirometry, Diabetes Care.

You can book many of these appointments online:
www.bedfordstreetsurgery.co.uk

Latest News

You asked for the telephone message to be shorter and clearer: We worked with the phone provider to implement this whilst ensuring patients are given information to use other services to prevent them waiting on the phone, like using the online services.: <https://bedfordstreetsurgery.co.uk/services/managing-yourhealth-online/online-forms/get-help-for-any-health-problem/>

You asked for more gp appointments we recruited 3 additional gp's across Bedford Street Surgery & Furzton Medical Centre to support increased access.

We introduced a clinical triage team to offer on the day callbacks to provide an assessment, accessed via the practice website. <https://bedfordstreetsurgery.co.uk/services/managing-your-health-online/online-forms/get-help-for-any-health-problem/>

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