

Support with Substance Use Recovery

Community Led Initiatives (CLI) was established in 2013 by two people who had rebuilt their lives after prison, addiction, and mental health difficulties. Since then, CLI has established itself as one of the leading peer lead organisations in the UK.

Our SAMAS project provides Support, Advocacy, Mentoring and Advice Services for people from across Bedford Borough, Central Bedfordshire, Luton and Milton Keynes who want help to transform their lives.



For information about CLI
Visit: communityled.org.uk



CLI and SAMAS

At SAMAS we provide support for people from across Bedford Borough, Luton, Central Bedfordshire and Milton Keynes **who want help to transform their lives.**

We offer two key areas of support:

Mentoring

Our mentoring services support people who are ready to make positive changes around their personal goals, connecting with the community and developing independence.

We meet those we support weekly out in the community, work with them to establish goals and provide practical and emotional support that helps people take active steps towards these and a transformed life.

Groups

Our support groups provide spaces for peers to support one another in their recovery, build a thriving recovery community that is co-produced, supportive, and fun! We have both face to face and online groups available.

Bedford Housing

We provide safe, supportive **recovery housing** for people overcoming substance misuse, offering placements based on each person's journey, with access to mentoring, group support, and practical life skills to help build a healthier future.

To get involved or for more information contact our team:

Bedford: Shannon Daly shannon.daly@communityled.org.uk 07840 711068

Milton Keynes: Emma Eastwood emma.eastwood@communityled.org.uk 07840 711068

Luton: Chloe Newton chloe.newton@communityled.org.uk 07549 207517



To make a referral to SAMAS please visit
<https://communityled.org.uk/refer.php>

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When I first started with CLI, I was at the start of my recovery journey. I was very shy, anxious, had no self-worth and struggled to stop drinking alcohol. I was referred from drugs and alcohol services. Since joining CLI, I've managed to stay clean from all substances for over 3 years now, and the way I've managed to do this is with the amazing support I've received. I am now currently volunteering with CLI, and helping to run and facilitate check-in groups. I'm so grateful to be part of the CLI Recovery Community. I would not be able to stay clean without the amazing support.

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www.communityled.org.uk
hello@communityled.org.uk

Volunteer with CLI

At Community Led Initiatives we provide support to individuals recovering from addiction and homelessness and those who have experienced the criminal justice system or mental health issues.

Volunteers are a crucial part of the CLI team. They are our driving force for supporting people who are trying to achieve positive change and build a new life that looks different from their past.



What volunteer opportunities are there at CLI?

We have opportunities for volunteers to take on mentoring roles and support our recovery community projects across **Luton, Milton Keynes, Central Bedford and Bedfordshire**. Full training and support are provided.

Mentoring Volunteers

Our CLI volunteer peer mentors work directly with our service users, providing practical one-to-one, weekly support, and constructive activities to help them build positive change in their lives, reconnect with their communities, and achieve their goals.

Recovery Community Volunteers

Our volunteers work with our CLI team to help facilitate our recovery community groups, both online and face to face, attend the recovery forum, organise events and help promote our recovery focused service to other groups.

What do I need to be a CLI volunteer?

We're looking for confident, reliable and resourceful individuals able to volunteer for a minimum of 4-6 hours a week at a time .

We welcome people from a wide range of experiences and backgrounds, and actively encourage people with lived experience of offending, addiction, homelessness, or mental health issues to apply.



Find out more

Bedfordshire: Lindsey Anderson
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Milton Keynes: Emma Eastwood
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Luton: Natasha Russo
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**Apply to be a Volunteer
via our Website**



For more information:

Visit: communityled.org.uk

Email: hello@communityled.org.uk

