



DiABETES UK

KNOW DIABETES. FIGHT DIABETES.

Diabetes UK is the leading charity in Britain for people living with Diabetes. Their aim is to provide help and support to people living with or affected by diabetes. In Milton Keynes more than **22,000** people are living with Diabetes.

Diabetes UK holds monthly local group meetings which provide a safe, friendly environment where you can:

- meet other people living with diabetes who understand the issues you may be facing,
- exchange ideas and information to support and motivate diabetes self-management,
- have access to a wide selection of practical, up-to-date information about diabetes and related health issues,
- get involved in campaigning and improving services at both a local and a national level, and
- attend 'awareness sessions' and peer support meetings.

Whether you have diabetes yourself or have a desire for knowledge and an inclination to get involved, you will be warmly welcomed to their group.

Meetings are held on the third Thursday of each month and start at 7:30 pm at Centrecom Community Centre, 602 North Secklow Gate, Milton Keynes, MK9 3BJ. Free parking is available.

Meetings are free to attend and open to all. For further information, please contact Corinne at 07964161792 or email: miltonkeynes.diabetesukgroup@gmail.com

Your Patient Participation

Your patient participation group (PPG) is made up of a group of volunteer patients, the practice manager and one or more of the GPs from the practice. The group covers both the Bedford Street Surgery and Furzton Medical Centre. No medical or patient information is shared or discussed at the meetings.

The changes to the NHS and the focus on patient involvement means that the PPG now has an increasingly proactive role to ensure that patient views are captured and understood by the Practice. The patient participation group meets on a regular basis to discuss the services on offer, and how improvements can be made for the benefit of patients and the practice.

In order to gather a truly representative sample of patients together, we welcome patients from all manner of diverse backgrounds including young people, students, workers, retired people, people with long term conditions, and people from non-British ethnic groups.

If you are interested in joining the PPG visit the website www.bedfordstreetsurgery.co.uk and click on About the Surgery and scroll down to Patient Participation Group or come in to the practice and speak with a member of our reception team.

Our Gp's

Bedford Street:

Dr Ullah (M) : Thurs & Fri

Dt Stranks (F): Mon, Wed, Thurs

Dr Jahngir (M) : Mon, Tue, Wed

Furzton Medical Centre:

Dr Fitzjohn (M) : Tue, Wed, Fri

Dr Mosha (F) : Tue, Wed, Thurs

Making Appointments

You can book online at
bedfordstreetsurgery.co.uk
or call 01908 658850

Nurse Practitioners: Mike, Jenny & Noeline

These are experienced Nurse and Independent prescribers able to see a wide range of conditions, minor illness, minor injury and other acute conditions.

Specialist Nurses: Ava & Theresa We have diabetes, COPD and asthma specialist nurses

Practice Nurses: Mariam & Helen Practice Nurses undertake a wide variety of responsibility's, Disease Prevention, Wound Care, monitoring chronic conditions, vaccination, Specific Health Checks, Cervical Screening, Pill checks and much more. Mariam also sees Minor illness.

Health Care Assistant (HCA): Leah, Emily & Sue
Blood Tests, Blood pressure checks, Wound Care, ECGs, Removal Of Stitches or Staples, NHS Health Checks, Certain Injections: B12, Flu, Shingles, Pneumonia, Spirometry, Diabetes Care.

You can book many of these appointments online:
www.bedfordstreetsurgery.co.uk

Holiday all Day Closed Dates

Thursday 25th December

Friday 26th December

Thursday 1st January 2026

Protected Time Closing

Thursday 22 January

Thursday 26 February

Wednesday 25 March

Between 2.30pm to 6.30pm we will be closed all practice calls will be covered by the 111 service. For Emergency's call 999

Prescriptions

All patients can register to use our online services with SystmOnline, or the NHS App where you will be able to request your medication.

When requesting a repeat prescription in practice use the computer print out of the medication and tick the items you require and post in the red letterbox outside of the surgery.

Latest News

NHS App

Download the NHS App: view your medical records, manage appointments & medication.

on the day consultations

We introduced a clinical triage team to offer on the day callbacks to provide an assessment, accessed via the practice website.

<https://bedfordstreetsurgery.co.uk/services/managing-your-health-online/online-forms/get-help-for-any-health-problem/>

For a larger font ask at reception