



Bedford Street Surgery & Furzton Medical Centre

Practice & PPG Newsletter: September 2025

Flu Vaccines

The flu vaccine helps protect against flu, which can be a serious or life-threatening illness. It's offered on the NHS every year in autumn or early winter to people at higher risk of getting seriously ill from flu. The surgery are sending out sms text invites to all eligible patients, Please book your appointment in October now.

Over 65s

1st October at Bedford Street Surgery & 2nd October at Furzton Medical Centre

18yrs-64yrs At Risk Patients

8th October Bedford Street Surgery and 9th October Furzton Medical Centre

Eligibility:

- those aged 65 years and over
- those aged 18 years to under 65 years in clinical risk groups
- those in long-stay residential care homes
- carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person
- close contacts of immunocompromised individuals
- pregnant women
- all children aged 2 or 3 years on 31 August 2025

Download the NHS App: view your medical records, manage appointments & medication.

Your Patient Participation

Your patient participation group (PPG) is made up of a group of volunteer patients, the practice manager and one or more of the GPs from the practice. The group covers both the Bedford Street Surgery and Furzton Medical Centre. No medical or patient information is shared or discussed at the meetings.

The changes to the NHS and the focus on patient involvement means that the PPG now has an increasingly proactive role to ensure that patient views are captured and understood by the Practice. The patient participation group meets on a regular basis to discuss the services on offer, and how improvements can be made for the benefit of patients and the practice.

In order to gather a truly representative sample of patients together, we welcome patients from all manner of diverse backgrounds including young people, students, workers, retired people, people with long term conditions, and people from non-British ethnic groups.

If you are interested in joining the PPG visit the website www.bedfordstreetsurgery.co.uk and click on About the Surgery and scroll down to Patient Participation Group or come in to the practice and speak with a member of our reception team.

For a larger font ask at reception

Our Gp's

Bedford Street:

Dr Ullah (M) : Thurs & Fri

Dt Stranks (F): Mon, Wed, Thurs

Dr Jahngir (M) : Mon, Tue, Wed

Furzton Medical Centre:

Dr Fitzjohn (M) : Tue, Wed, Fri

Dr Mosha (F) : Tue, Wed, Thurs

Protected Training Time

Thursday 18th September

Wednesday 19th October

Thursday 19th November

Between 2.30pm to 6.30pm the practice will not be offering routine appointments & all practice calls will be covered by the 111 service. For Emergency's call 999

Making Appointments

You can book online at
bedfordstreetsurgery.co.uk
or call 01908 658850

Nurse Practitioners: Mike, Jenny & Noeline

These are experienced Nurse and Independent prescribers able to see a wide range of conditions, minor illness, minor injury and other acute conditions.

Specialist Nurses: Ava & Theresa We have diabetes, COPD and asthma specialist nurses

Practice Nurses: Mariam & Helen Practice Nurses undertake a wide variety of responsibility's, Disease Prevention, Wound Care, monitoring chronic conditions, vaccination, Specific Health Checks, Cervical Screening, Pill checks and much more. Mariam also sees Minor illness.

Health Care Assistant (HCA): Leah, Emily & Sue

Blood Tests, Blood pressure checks, Wound Care, ECGs, Removal Of Stitches or Staples, NHS Health Checks, Certain Injections: B12, Flu, Shingles, Pneumonia, Spirometry, Diabetes Care.

You can book many of these appointments online:
www.bedfordstreetsurgery.co.uk

Prescriptions

All patients can register to use our online services with SystmOnline, NHS App or Airmid where you will be able to request your medication.

When requesting a repeat prescription in practice use the computer print out of the medication and tick the items you require and post in the red letterbox outside of the surgery.

Latest News

We do not encourage patients to queue at the practice doors for an appointment as an appointment can not be guaranteed. You can book an appointment online using the NHS app or system online.

We can offer a telephone call on the day from our triage team during the practice opening hours, please use the contact us form to submit your enquiry:

<https://bedfordstreetsurgery.co.uk/services/managing-your-health-online/online-forms/get-help-for-any-health-problem/>

If you have difficulties using online services please contact our reception team who will be able to assist you.

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