



HM Government

NHS

Taking your bra off
at the end of the day feels great

And so does getting your
breast screening sorted

It can detect cancer long before you can even
feel it. Or more likely, put your mind at rest.

So when you're invited,
save the date, it could save your life

Screening
saves
lives

Help us
help you

**Regular breast screening (mammograms) is
one of the best ways to spot a cancer that is
too small to feel or see yourself – it saves
around 1,300 lives each year in the UK.**

NHS Health Checks

The NHS Health Check is a free check-up of your overall health. It can tell you whether you're at higher risk of getting certain health problems, such as:

- heart disease
- diabetes
- kidney disease
- stroke

If you're aged 40 to 74 and do not have a pre-existing health condition, you should be invited to an NHS Health Check by your GP practice every 5 years.

If you think you are eligible but have not been invited, contact your GP surgery

What
you said:

You wanted to know how many
appointments were release

What we
Did:

We added this to our friends and
family feedback information

Your Patient Participation

Your patient participation group (PPG) is made up of a group of volunteer patients, the practice manager and one or more of the GPs from the practice. The group covers both the Bedford Street Surgery and Furzton Medical Centre. No medical or patient information is shared or discussed at the meetings.

The changes to the NHS and the focus on patient involvement means that the PPG now has an increasingly proactive role to ensure that patient views are captured and understood by the Practice. The patient participation group meets on a regular basis to discuss the services on offer, and how improvements can be made for the benefit of patients and the practice.

In order to gather a truly representative sample of patients together, we welcome patients from all manner of diverse backgrounds including young people, students, workers, retired people, people with long term conditions, and people from non-British ethnic groups.

If you are interested in joining the PPG visit the website www.bedfordstreetsurgery.co.uk and click on About the Surgery and scroll down to Patient Participation Group or come in to the practice and speak with a member of our reception team.

For a larger font ask at reception

Our Gp's

Bedford Street:

Dr Ullah (M) : Thurs & Fri

Dt Stranks (F): Mon, Wed, Thurs

Dr Jahngir (M) : Mon, Tue, Wed

Furzton Medical Centre:

Dr Fitzjohn (M) : Tue, Wed, Fri

Dr Mosha (F) : Tue, Wed, Thurs

Bank Holiday Closed Days:

Friday 18th April

Monday 21st April

Monday 5th May

Monday 26th May

Protected training Time

Wednesday 19th March

Wednesday 30th April

Thursday 22nd May

between 2.30pm to 6.30pm the practice will not be offering routine appointments & all practice calls will be covered by the 111 service. For Emergency's call 999

Online Service

Once you are registered you will be able to use the service to:

- ◆ Order repeat prescriptions
- ◆ Make an appointment
- ◆ Cancel an appointment
- ◆ Access Test Results
- ◆ View Letters & Referrals
- ◆ Check your contact details
- ◆ Change you Pharmacy

Received an invite

Received an invite or review due text? Please book this at reception or use our online services.

Making Appointments

You can book online at
bedfordstreetsurgery.co.uk
or call 01908 658850

Nurse Practitioners: Mike, Jenny & Noeline

These are experienced Nurse and Independent prescribers able to see a wide range of conditions, minor illness, minor injury and other acute conditions.

Specialist Nurses: Ava & Theresa We have diabetes, COPD and asthma specialist nurses

Practice Nurses: Mariam & Helen Practice Nurses undertake a wide variety of responsibility's, Disease Prevention, Wound Care, monitoring chronic conditions, vaccination, Specific Health Checks, Cervical Screening, Pill checks and much more. Mariam also sees Minor illness.

Health Care Assistant (HCA): Leah, Emily & Sue

Blood Tests, Blood pressure checks, Wound Care, ECGs, Removal Of Stitches or Staples, NHS Health Checks, Certain Injections: B12, Flu, Shingles, Pneumonia, Spirometry, Diabetes Care.

You can book many of these appointments online:
www.bedfordstreetsurgery.co.uk

Prescriptions

All patients can register to use our online services with SystmOnline, NHS App or Airmid where you will be able to request your medication.

When requesting a repeat prescription in practice use the computer print out of the medication and tick the items you require and post in the red letterbox outside of the surgery.

Home Visits

If you do need a home visit, you can help us by calling reception before 11:00.

You may only request a home visit if you are house-bound or are too ill to visit the practice. Our paramedic will liaise with our doctors and will only visit you at home if they think that your medical condition requires it. They will also decide how urgently a visit is needed. Please bear this in mind and be prepared to provide suitable details to enable a schedule house calls

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