

Latest News

Stroke Signs & Specialist Help!



Suspect a stroke? Time to act F.A.S.T.

Facial weakness - can the person smile? Has their mouth or eye drooped?

Arm weakness - can the person raise both arms?

Speech problems - can the person speak clearly and understand what you say?

Time to call 999!

Specialist Help

Milton Keynes Neurological Clinical Specialist Team is a

multi-disciplinary, community-based team with expertise in neurological conditions, physical disabilities and rehabilitation.

Their specialists include a:

Stroke Clinical Specialist and a **Stroke Clinical Specialist Assistant**

Each specialist aims to empower individuals, their carers and family through education and support, and by giving them advice about their specific condition. The team also educates and supports other healthcare professionals, and voluntary and statutory bodies that care for people with neurological conditions.



The clinical specialist supports the individual for as long as their condition affects their health and wellbeing.

The specialist's continued guidance helps the individual to adapt to and reach the goals they set with the specialist, enabling them to cope with or manage their condition independently.

Who is the service for?

The service is for anyone aged 18 and over who is registered with a Milton Keynes general practitioner (GP) and who has a neurological diagnosis.

How can someone be referred?

Anyone can make a referral, but a diagnosis must have been confirmed beforehand.

The service is available from 08:30-16:30, Monday to Friday (excluding bank holidays).

Additional contact information

- Stroke Clinical Specialist 01908 724 550
- Stroke Clinical Specialist Assistant - 01908 724 529



Phyllis to be in MK

Award-winning Women & Theatre's play 'Phyllis' is at the Chrysalis Theatre, Japonica Lane, MK15 9JY on **14 March 2019** (2-4pm). **Free Admission**

Phyllis, 80, is managing with the help of her family but since the death of her husband and the cuts to community support her life is becoming smaller. While shopping, she falls and ends up in hospital. The play documents Phyllis' decline and her family's struggle to navigate health and social care systems.

Practice Profile



Salome Yeboah Health Care Assistant

Salome started in 2017 as a Receptionist. Progressed to Phlebotomy and recently attended Wound Management and Diabetes courses. Now working to progress her role as a Health Care Assistant. Salome speaks Italian which is very helpful to a number of her patients.