

# Hoarding Support Group



Are you struggling with too much stuff?

Are you finding it hard to cope?

Is it affecting your life?

Milton Keynes City Council has partnered with Hoarding UK to offer non judgemental support with hoarding

You will receive practical, holistic support led by your peers

## Sessions are held at Milton Keynes City Council

Civic Offices

Saxon Gate

Milton Keynes MK9 3EJ

(Opposite Marks and Spencer)

Thursday 2 March 2023 2pm-4.00pm

Thursday 6 April 2023 2pm-4pm

Thursday 4 May 1.30pm-3.30pm

## For more information on the Hoarding Support group please contact us:

James Gilmartin, Community Support Team Manager on:

07900737261

[james.gilmartin@milton-keynes.gov.uk](mailto:james.gilmartin@milton-keynes.gov.uk)

Or our peer lead, Jane

07725481643

For more information on hoarding and support available for you please visit: <https://hoardinguk.org/>

There is no need to participate, and we respect the confidentiality of the people who attend. You will not have to give your full name or address to attend.

